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## The Fading Face of the Humaneness-

## NO

A certain amount of aspirational dignity is necessary and is inevitable prior to even pronouncing this marvelous abstract noun termed as Humaneness. The noun 'hatred' could never sound so gracious and yet humble, so worthy of respect and yet honest, so melancholic and yet as clear and loud as Humaneness. It is a sad truth that now days we hear, we observe and, the majority of "modern young adults" even actively participate in the word hatred and its outcomes.

When have people stopped being humans and turned into humanized masochists?!

I have been asking this question for a very long time, because I have always strived for that gentle culture of living even in the hardest time periods of those feverishly eerie days of my life; and even then I asked not for revenge but rather hope to stay and continue to be human. I have been fighting constantly not to give up on preserving and cherishing the basic human right-being humane.

It is generally known and accepted that in English language the term *human* when translated to all world languages means showing the better qualities of human kind such as sensitivity. Similar to that the term *humane* stands for compassion and benevolence. And I keep wondering, guided by my personal convictions that every man is born with identical innate codes comprised of our emotions, our virtues and vices, why is it so that there is more trouble and negativity and less goodness and sympathy?!

According to Chinese philosophy and viewed from the aspect of psyche, emotions are represented by **jin** and **jang**, seemingly two unrelated forces of nature, where

**jin** is more connected with the symbol of female principle and is directed to and focused on the inside, while **jang** is related to the male symbolism and is directed to and concentrated on the outer part of a being, which, in the long term, represents the relation between good and evil. We are all well aware of these inner turbulences within ourselves, and this eternal fight between good and evil, this struggle of Machiavellian and angelic 'self', and we are all, intellectually and emotionally conscious about the fact that in our essence we are both good and bad in our behavior and our relations with others.

But why did we allow and approve the negative to be something "modern" and usual? What are we turning ourselves into?!!

Great men, great and wise scholars (and when I say "great" I consider and value their greatness according to their level of humanism and vigorously strong desire to cherish and propagate only humane part of humanism despite the horrible events and atrocities of past decades and centuries) have tackled the human psyche since forever, and in my opinion they have wished to continue with their intention to understand themselves. By doing so they perhaps wanted to advance and improve the world and its people-us, simple mortals.

According to Freud the structural model of human psyche is divided into three psychic apparatuses: id, ego and super ego. The **id** is the unorganized part of the personality structure which contains the basic drives. The id acts according to the "pleasure principle", seeking to avoid pain or displeasure aroused by increases in instinctual tension. The **id** is unconscious by definition. The **ego** comprises of the organized part of the personality structure that includes defensive, perceptual, intellectual-cognitive, and executive functions.

The **super-ego** aims for perfection and fusion of all individual's ego ideals, spiritual goals and conscience. Whether or not this is a contradiction is another story altogether.

What is happening today is that people are becoming anxious and they are losing self-control, as well as that blissful balance between good and evil. With the lack of these emotions they have disrupted and upset Conrad's Heart of Darkness, Zarathustra's Good and Evil and they have complied with Aristotle's Tragedy.

Despite the fact that people- well aware of these definitions and explanationsallowed and are still allowing evil to enter. With each action they tend to follow all that which history and mankind declared and categorized as NOT APPROPRIATE because it is not good for us. Neither the East nor the West is to blame, neither technological advancements nor the internet, we are to blame. We are to blame because we neglected ourselves, our identity, our character and our belonging; we are to blame because we allowed our voice, our opinion and our point of view to be guided by the majority, while secretly delivering inner monologues with ourselves saying: "I cannot affect nor change anything."

But I say we can, we can redeem ourselves, we can apologize and say we are sorry and pay attention to someone else rather than only ourselves; and I strongly believe that if we do so we will have more than we ever needed or ever wanted in life. We will have the wealth and richness-within and outside ourselves.

But let's not ask for more than we truly need. Allow ourselves to Love our ideals, our faith, our religious orientations, but respect other people's orientations as well. Let us be satisfied and content with what we have because in doing so we will know our inner Self, and feel truly and deeply happy and complete. Maybe many of you will not agree with me because I don't consider materialism as important as other people, or because I don't consider it to be necessary in order to complete myself, my ideals and goals. But deep down inside us we all wish for only one thing: to feel good, happy and healthy while residing within this body, in this physical shape, this silhouette of ourselves.

So let us not simply watch but approach and help, maybe we are unable to do so but we can at least try by treating others the way we would like to be treated by them. Let us not take the easier road and an easier way out from a certain problem by stealing, lying or gossiping, let us not be competitors but cooperatives.

My father often tells me "to approach each problem calmly and with considerable amount of patience, because, any problem or an issue has a proper and possible solution; we only need to separate and divide it to simplest pieces and particles." But the problem of majority of people is finding time for the process itself, because people are constantly in some kind of a rush, they want everything to be achieved over night and as quickly as possible. And during that period I myself, as being

not so good of a mathematician thought that mathematics is only a subject dealing with only numbers and figures. But soon I realized that it is very important and is ever present all around us. Good+ Bad= Balance, Good+ Good= Faith, Bad+ Bad=disaster.

For this reason I choose to be humane because I don't want to give up from the truth that me-myself as an individual am not an island and that I can only function in this world by balancing my emotions, my **jin** and **jang**, my id, ego and superego, because on one hand we-The people may be different from someone else, but on the other hand we are all unique in the fact that we are all human beings.

I refuse to give up because I consider that even those who may want to lure me into their evil flock of materialism and every day empty and trivial talks have once been *human* and *humane*. So for this reason I shall continue with and pursue my intention to **write** even when 'properly nourished' and when 'starved to death' and I will remain the same, I will never change.

No man is an island, so smile, do not laugh, and just smile because you never know when your smile can make someone's day or who can fall in love with that smile!

