



Biography

Dr. Sci Vahida Đedović

Dr. Ph.D. Vahida Djedovic is a psychotherapist with 20 years of work experience. She works with people who cannot solve their problems on their own. She uses individual, group and couples therapy and bibliotherapy in her work.

She is also the author of three books. Her first book "Wearing a Happy Man's Shirt," talks about the most common habits of happy people and how people can be happy. She bases her books on experience in psychotherapy and the base of her stories is made up of clients who have consented to their stories being found on the pages of her books.

The second book, „The Therapist of Love“, discusses the most common love problems between men and women, and the ways women and men think. Because we are different, our thoughts about partners and about loving relationships are different too.

The third book, „How to (Implement and)Make Love“, presents to readers the delusion of romantic love and how people destroy their own lives and the lives of people around them because of such beliefs.

The fourth book, „Self-Reliance“, is still being written and the author states that self-confidence is key to achieving any goal. Self-esteem cannot be high or low, but people are either overestimated or underestimated. Self-esteem is a relation to oneself. You either accept yourself, or you do not accept.

Before completing analytical psychotherapy at the Institute for Group Analysis in Zagreb, she completed her literature studies in Tuzla. Her work at the Psychiatry Clinic enabled her to have an excellent knowledge of psychopathology.

She completed her master's degree in literature and psychotherapy, actually bibliotherapy. Her research has proven extremely useful in working with depressed clients and children with psychosomatic disorders.

The doctoral thesis is based on the relationship between creativity and emotional intelligence. In addition to emotional components, happiness, hope and optimism are included in the research.

She is a regional lecturer and she has presented and still presents numerous lectures, seminars and other workshops and presentations at numerous international congresses and symposia. She has dozens of published scientific and professional papers in domestic and foreign journals.

She designed, organized and led an international project on the problems of modern man, which she called "Women's Conversations."

She has received several accolades for popularizing psychotherapy, according to reader Bosnian magazine for which she writes columns.

She is a columnist writer of DIOGEN pro culture magazine since 14.02.2020.

She lives and works in Tuzla and Belgrade.

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